



# *Istanbul Spine Masters*

## *"Advanced Spine Course"*

October 9 – 11, 2015

*Barbaros Point Hotel, Istanbul - Turkey*

**SUPPORTED BY**



**KOÇ  
UNIVERSITY**  
SCHOOL OF MEDICINE



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## Keynote Speakers



Dr. Richard Assaker / *France*



Dr. Joachim Oertel / *Germany*

## Faculty

Dr. Sedat Dalbayrak / *Turkey*

Dr. Abd-Elhafiz Shehab-Eldien / *Egypt*

Dr. Mohamed Mohi Eldin / *Egypt*

Dr. Erkan Kaptanođlu / *Turkey*

Dr. Cumhuri Kılınçer / *Turkey*

Dr. Kemal Koç / *Turkey*

Dr. Sait Naderi / *Turkey*

Dr. Ali Fahir Özer / *Turkey*

Dr. Abolfazl Rahimizadeh / *Iran*

Dr. Salman Sharif / *Pakistan*

Dr. Abderrahman Sidi Said / *Algeria*

Dr. Ihsan Solarođlu / *Turkey*

Dr. Athanasios Spilotopoulos / *Greece*

Dr. Mehmet Zileli / *Turkey*



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## **Course Director**

Dr. Mehmet Zileli

## **Secretary**

Dr. Ihsan Solarođlu

## **Organising Committee**

Dr. Sedat Dalbayrak

Dr. Abd-El Hafez Shehab Eldien

Dr. Mohammed Mohi Eldin

Dr. Erkan Kaptanođlu

Dr. Kemal Koç

Dr. Ali Fahir Özer

Dr. Abolfazl Rahimizadeh

Dr. Salman Sharif

## **Course Description**

The aim of the course is to stimulate spine education in Middle East countries in an advanced level. We plan to organize a 3 days program. The program will be based on alternative view discussions on hot topics and case discussions. A half day workshops with industry will be a part of the program. This course is open to all neurosurgeons, orthopedic surgeons and senior residents who wish to improve their knowledge and expertise in spine surgery.



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## SCIENTIFIC PROGRAM

### October 09, 2015 Friday

#### 08.30 - 09.00 Opening and Introduction

09.00 - 09.15	Endoscopic lumbar disc surgery	<i>Joachim Oertel</i>
09.15 - 09.30	Surgical options for lumbar fusion	<i>Cumhur Kılınçer</i>
09.30 - 09.45	Complications of long lumbar fixations	<i>Mehmet Zileli</i>
09.45 - 10.00	Complications of minimally invasive spine surgery	<i>Joachim Oertel</i>

#### 10.00 - 10.30 Coffee Break

#### 10.30 - 11.15 Panel 1 Problems and solutions in geriatric spine disorders

Case report (spinal stenosis & degenerative scoliosis or kyphosis) *Mohamed Mohi Eldin*

Conservative surgery (decompression only) *Salman Sharif*

Deformity should be corrected (decompression, stabilization and deformity correction) *Ali Fahir Ozer*

#### 11.15 - 12.00 Panel 2 Surgery for kyphosis

Case report *Sedat Dalbayrak*

Osteotomy techniques *Sedat Dalbayrak*

Anterior surgery when and how? *Erkan Kaptanoğlu*

#### 12.00 - 12.45 Panel 3 Revision strategies after lumbar fusion

Case report (lumbar case who needs revision after fusion surgery) *Sait Naderi*

Revision after pseudoarthrosis *Ali Fahir Ozer*

Revision after adjacent level disease *Kemal Koç*

#### 12.45 - 13.30 Lunch Break

#### 13.30 - 14.15 Panel 4 Management of infection after spinal instrumentation

Case report *Abd-El Hafiz Shehab Eldien*

Remove the implants *Salman Sharif*

Leave the implants *Ali Fahir Ozer*



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## SCIENTIFIC PROGRAM

### October 09, 2015 Friday

#### 14.15 - 15.00 Panel 5 Subaxial cervical trauma

Case report

*Abderrahman Sidi Said*

Current classification

*Abd-El Hafiz Shehab Eldien*

Surgical indications

*Najia Elabbadi*

#### 15.00 - 15.30 Coffee Break

#### 15.30 - 16.15 Panel 6 Spinal metastasis

Case report

*Mohammed Mohi Eldin*

Management protocol

*Sait Naderi*

Minimally invasive approaches

*Sedat Dalbayrak*

#### 16.15 - 17.00 Panel 7 Percutaneous approaches in spinal pain

Intradiscal lesions. Indications and technique?

*Cumhur Kılınçer*

Facet and nerve root blocks. Indications and technique?

*Sait Naderi*

Dorsal cord stimulation.

*Erkan Kaptanoğlu*

Indications and technique?

17.00 - 18.00 Cases from Participants / Video Presentations



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## SCIENTIFIC PROGRAM

### October 10, 2015 Saturday

09.00 - 09.15	New trends in lumbar total disc replacement	<i>Richard Assaker</i>
09.15 - 09.30	Management of spinal tuberculosis	<i>Salman Sharif</i>
09.30 - 09.45	Minimally invasive spinal fusion techniques	<i>Richard Assaker</i>
09.45 - 10.00	Spinal cord monitoring	<i>Abd-El Hafiz Shehab Eldien</i>

#### 10.00 - 10.30 Coffee Break

<b>10.30 - 11.15</b>	<b>Panel 8</b> Lumbosacral stabilization	
	Case report	<i>Cumhur Kılınçer</i>
	Sacral fixation techniques	<i>Erkan Kaptanoğlu</i>
	When to perform interbody fusion?	<i>Richard Assaker</i>
	When to add L5-S1 to fusion?	<i>Mehmet Zileli</i>

<b>11.15 - 12.00</b>	<b>Panel 9</b> Cervical spondylotic myelopathy	
	Case report	<i>Abolfazl Rahimizadeh</i>
	Anterior surgery	<i>Athanasios Spilotopoulos</i>
	Posterior surgery	<i>Mehmet Zileli</i>

<b>12.00 - 12.45</b>	<b>Panel 10</b> How to perform atlantoaxial fusion?	
	Case report	<i>Ihsan Solaroglu</i>
	How to do a C1-2 fixation?	<i>Joachim Oertel</i>
	When to add occiput to fusion?	<i>Mehmet Zileli</i>

#### 12.45 - 13.30 Lunch Break

13.30 - 14.30 Workshops

**14.30 Live surgery.** VKV American Hospital / or Koc University Hospital  
At the same time video presentation

**Moderator:** *Mehmet Zileli*

**Possible surgeons:** *Ali Fahir Ozer / any surgery*

*Joachim Oertel / Endoscopic disc*

*Richard Assaker / percutaneous pedicle screw*

*Sedat Dalbayrak / any deformity*

*Kemal Koç / oblique corpectomy*



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## SCIENTIFIC PROGRAM

### October 11, 2015 Sunday

- 09.00 - 09.15 Indications of fusion and dynamic fixation in lumbar spine *Ali Fahir Ozer*  
09.15 - 09.30 Management of failed back surgery syndrome *Richard Assaker*  
09.30 - 09.45 How to manage Chiari malformations *Sait Naderi*  
09.45 - 10.00 Management options for spinal metastasis *Richard Assaker*

#### 10.00 - 10.30 Coffee Break

- 10.30 - 11.15 Panel 11** When to fuse in lumbar spinal stenosis?  
Case report (spinal stenosis needing 3 level decompression) *Kemal Koç*  
Fusion not necessary *Abderrahman Sidi Said*  
Fusion is necessary *Kemal Koç*

- 11.15 - 12.00 Panel 12** Surgery for isthmic spondylolisthesis  
Case report (isthmic lysthesis) *Cumhur Kilincer*  
Conservative surgery *Athanasios Spilotopoulos*  
(no reduction, PL fusion only)  
Radical surgery (reduction and interbody fusion) *Abolfazl Rahimizadeh*

- 12.00 - 12.45 Panel 13** How to manage if both cervical and lumbar spinal stenosis present?  
Case report *Athanasios Spilotopoulos*  
First more symptomatic stenosis *Joachim Oertel*  
Tandem surgery *Kemal Koç*

#### 12.45 - 13.30 Lunch Break

- 13.30 - 14.30 Workshops / Video presentation  
14.30 - 15.00 Case Discussion

#### 15.00 - 15.30 Coffee Break

- 15.30 - 16.15 Panel 14** Basillary Invagination  
Case report *Ihsan Solaroglu*  
Evaluation and management algorithym *Mehmet Zileli*  
Surgical techniques and complications *Ali Fahir Ozer*

- 16.15 - 17.00 Panel 15** Treatment options in complex upper cervical fractures  
Case report *Salman Shariff*  
Surgical options *Richard Assaker*  
Conservative treatment options *Abd-El Hafiz Shehab Eldien*

17.00

Closing





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### REGISTRATION

REGISTRATION	Early Registration August 7, 2015 and Before	Late Registration After August 7, 2015	On-Site Registration
DELEGATE, EXHIBITOR & ACCOMPANYING PERSON	200 EURO	225 EURO	250 EURO

**Registration fees include:** access to scientific sessions and exhibition, printed materials, 6 coffee breaks (October 09 - 10 - 11), 3 open buffet lunch (October 09 - 10 - 11) and VAT. The items mentioned above are valid only for the representatives of the sponsor companies attending with at least one unit booth.

#### Conditions and Procedures

- All payment should be made in Euro.
- To register for the congress, please forward the completed REGISTRATION FORM to PRIME Congress.
- Your registration will be confirmed once PRIME Congress has received your form, together with your credit card information or bank receipt. You will then receive written confirmation.
- Please bring the registration confirmation letter to the registration desk to help with the formalities.

#### Changes and Cancellation

- Please note that all transfer charges, bank collection fees and financial charges are at the responsibility of the participant.
- Refund for cancellations of registration will be made subject to the following deadline and administration charge

**Before August 7, 2015**

Full refund excluding bank fees and financial charges

**Between August 08 - September 01, 2015** 50% of registration fee

**After September 01, 2015**

No refund

- All changes and cancellations can only be made written.
- All cancellations must be made written to the meeting secretariat and the refund will be made after the meeting.  
Please note that name changes are permitted on the basis that written notice is given prior to the start of the meeting.



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## ACCOMMODATION

	Single Room	Double Room
Barbaros Point Hotel ( <a href="http://www.pointhotel.com">www.pointhotel.com</a> )	145 EURO	160 EURO

- Accommodation fees include 1 night accommodation, breakfast and VAT .

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## ORGANIZATION SECRETARIAT



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